

THE FAITH-REST LIFE
(Hebrews 4)

- Matthew 11:28-30

A. The EXPLANATION of the FAITH-REST LIFE. (Hebrews 4:1-10)

1. The *subject of this third warning* revolves around the concept of _____.
 2. The *meaning of “rest”* involves... _____
_____.
 3. The *provider of this “rest”* is _____ alone. (4:1b)
 4. The *warning is for us* to _____ a failure to _____ of _____ into God’s rest. (4:1c)
 5. The *ongoing promise and possibility of entering God’s rest* _____ for you. (4:1a)
 6. The *good news of God’s rest* is a message He had and still wants **PREACHED** to believers in the **PRESENT** just as in the **PAST**. (4:2a)
 7. The *means of entering God’s rest* involves more than _____ God’s Word [as important as that is], but also _____ God’s **PROMISES** and **PRINCIPLES**. (4:2b; 5:12-14)
 8. The *two past illustrations /opportunities to enter God’s rest* involved _____ and _____. (4:3b-5)
 9. The *present opportunity to enter God’s rest* still _____ available to all believers _____, though it is only entered by _____. (4:6-9)
 10. The *necessities for entering God’s rest* include God’s _____ and your _____ in God’s principles and promises, as it involves a willingness for you to _____ as God did from His. (4:10)
- What does this rest not mean?

B. The EXHORTATION to ENTER God’s Rest TODAY. (4:11-16)

1. The *practical exhortation to all believers* is: “Let us therefore _____ to enter that rest, lest _____ according to the same example of _____.” (4:11)

2. The *needed resource for entering God’s rest daily* is the _____. (4:12)

- What 2 areas of your inner being can the Word of God discern or critique?

- Why is all this necessary for entering and enjoying the faith-rest life?

1)

2)

3)

4)

- What are some of the ‘robbers of rest’ in your life?

1) The problem of _____. (Hebrews 3:12, 19)

2) The problem of _____. (Hebrews 12:15)

3) The problem of _____. (Heb. 13:5-6; Phil.4:10-13)

4) The problem of _____. (James 4:6-10)

5) The problem of _____. (Phil. 4:6-7)

6) The problem of _____. (1 John 1:9; Phil.3:13-14)

7) The problem of _____. (Gal.3:1-5; 5:1-13)

3. The *closing warning regarding entering God’s rest daily* is the recognition of the _____ eyes of God and our _____ to Him, along with the reality we _____ give an _____ to Him of our daily lives since the time of our salvation from sin’s penalty. (4:13)

4. The *closing encouragement to enter God’s rest daily* involves the privilege to _____ and as needed to the _____ in prayer. (4:14-16)

- What does this mean to you personally?

- How does all of this apply to you practically?