

What Is the Law Good For?

Lesson #6 – Sabbath & Summary

A. Christians are not obligated to keep the Sabbath.

4 primary arguments for Christians keeping the Saturday-Sabbath, with brief responses:

1. The basis of Sabbath-keeping is Creation week. (Exodus 20:11)
 - a. But, from creation until the days of Moses, God had not _____ Sabbath observance on the seventh day of the week. (Gen. 2:1-3)
 - b. But, other reasons are given in the Law; namely, that Sabbath keeping would be a _____ of Israel's special relationship with God, and that they would weekly remember their past slavery in Egypt. (Deut. 5:15)

2. It is in the Ten Commandments.
 - a. This argument is inherently flawed. The entire Law of Moses, including the Ten Commandments, were given to _____ alone.
 - b. Also, the Law of Moses does not define _____.

Quote from the International Alliance of Messianic Congregations and Synagogues (IAMCS):
"God did not appear to Israel at Sinai to present a moral code. God gave the law at Sinai, creating a unique nation. There are things given in the Torah which are unique to Israel."

3. The Sabbath was never changed to Sunday or cancelled in the New Testament.
 - a. Yes, the New Testament never changes the Sabbath to Sunday.
 - b. However, Christians are _____ obligated to keep any law simply because it is in the Old Testament and not annulled in the New Testament. We are not under law in any way. (Romans 6:14, Galatians 5:1-15)
 - c. Counter-argument from silence: Sabbath-keeping is never taught to _____ in the New Testament.
 - d. Holiday celebrations of the Law of Moses are specifically declared to be _____ for Christians. (Romans 14:5-6, Colossians 2:16-17)
4. Jesus kept the Sabbath with His disciples.
 - a. Yes, they did. However, they were all Jewish and lived _____ the law. (Galatians 4:4)

B. Summary – What is the Law Good For?

- 1) *Are sinners saved by keeping the Law?*
- 2) *Are sinners saved by believing in Christ and following the Ten Commandments?*
- 3) *What does the Law show us?*
- 4) *Who does the Law point us to?*
- 5) *Are Christians obligated to keep the Law of Moses?*
- 6) *Does the Law of Moses reveal absolute morality?*
- 7) *Are Christians better off playing it safe and trying to keep as many laws as we can for our own spiritual benefit?*
- 8) *What are some reasons, as Christians, to avoid putting ourselves under the Law?*