Moses, the Friend of God:

The Psalmist

Psalm 90 | A Prayer of Moses the man of God.

- Lord, You have been our dwelling place in all generations.
- Before the mountains were brought forth, Or ever You had formed the earth and the world, Even from everlasting to everlasting, You are God.
- You turn man to destruction, And say, "Return, O children of men."
- For a thousand years in Your sight Are like yesterday when it is past, And *like* a watch in the night.
- You carry them away like a flood;
 They are like a sleep.
 In the morning they are like grass
 which grows up:
- In the morning it flourishes and grows up; In the evening it is cut down and withers.
- For we have been consumed by Your anger, And by Your wrath we are terrified.
- You have set our iniquities before You,Our secret sins in the light of Your countenance.
- For all our days have passed away in Your wrath; We finish our years like a sigh.

- The days of our lives are seventy years; And if by reason of strength they are eighty years, Yet their boast is only labor and sorrow; For it is soon cut off, and we fly away.
- Who knows the power of Your anger?
 For as the fear of You, so is Your wrath.
- So teach us to number our days, That we may gain a heart of wisdom.
- Return, O Lord!How long?And have compassion on Your servants.
- Oh, satisfy us early with Your mercy, That we may rejoice and be glad all our days!
- Make us glad according to the days in which You have afflicted us, The years in which we have seen evil.
- Let Your work appear to Your servants, And Your glory to their children.
- ¹⁷ And let the beauty of the Lord our God be upon us,

And establish the work of our hands for us; Yes, establish the work of our hands.

Discussion Questions:

- 1. Which verse stood out to you tonight? Why?
- 2. What temporary needs seem most pressing in your life right now?
- 3. Why might God's eternal nature be a source of comfort?