

Blessed is the Man

Psalm 1

A. Purpose of Psalm 1

- Collectively: to introduce the first book of the Hebrew Psalms
- Individually: to facilitate meditation on how a believer can live

B. Structure of Psalm 1

A – General contrast between righteous and ungodly – present tense (v1)

B – Dwelling of the righteous (v2)

C – Analogy of flourishing for the righteous (v3)

C' – Analogy of destitution for the ungodly (v4)

B' – Dwelling prohibited to the ungodly (v5)

A' – General contrast between righteous and ungodly – future tense (v6)

C. Exposition of Psalm 1

v1 – What the blessed avoid

Blessed *is* the man

Who walks not in the counsel of the ungodly,

Nor stands in the path of sinners,

Nor sits in the seat of the scornful;

v2 – Where the blessed stay

But his delight *is* in the law of the Lord,

And in His law he meditates day and night.

v3 – What the blessed are like

He shall be like a tree

Planted by the rivers of water,

That brings forth its fruit in its season,

Whose leaf also shall not wither;

And whatever he does shall prosper.

v4 – What the ungodly are like

The ungodly *are* not so,

But *are* like the chaff which the wind drives away.

v5 – Where the ungodly cannot be

Therefore the ungodly shall not stand in the judgment,

Nor sinners in the congregation of the righteous.

v6 – What to think about

For the Lord knows the way of the righteous,

But the way of the ungodly shall perish.