

## Jonah Chapter 2

# Going Down; Looking Up

*Overview of Jonah chapter 2* – v1: what Jonah did to God

**v2-9: Jonah's contemplation**

v10: what God did for Jonah

*Theology of Jonah's contemplation:*

### A. The LORD Hears (2:2)

*\*What did Jonah do?*

*\*Why did he do it?*

*\*What did the LORD do?*

### B. The LORD Lovingly Pursues (2:3-7)

*\*What did Jonah claim was God's doing?*

*\*How did Jonah respond to this low-point?*

*\*What Scripture did Jonah know?*

<i>Jonah 2:2</i>	Psalm 120:1 – In my distress I cried to the Lord, and He heard me.
<i>Jonah 2:3</i>	Psalm 42:7 - Deep calls unto deep at the noise of Your waterfalls; All Your waves and billows have gone over me.

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Jonah 2:3	Psalm 88:7 - Your wrath lies heavy upon me, And You have afflicted <i>me</i> with all Your waves. <i>Selah</i>
Jonah 2:4	Psalm 31:22 - For I said in my haste, "I am cut off from before Your eyes"; Nevertheless You heard the voice of my supplications when I cried out to You.
Jonah 2:5	Psalm 69:1-2 - Save me, O God! For the waters have come up to <i>my</i> neck. I sink in deep mire, where <i>there is</i> no standing; I have come into deep waters, where the floods overflow me.
Jonah 2:7	Psalm 142:3a - When my spirit was overwhelmed within me, Then You knew my path.  Psalm 18:6 - In my distress I called upon the Lord, and cried out to my God; He heard my voice from His temple, and my cry came before Him, <i>even</i> to His ears.
Jonah 2:9	Psalm 116:17-18 - I will offer to You the sacrifice of thanksgiving, And will call upon the name of the Lord. I will pay my vows to the Lord now in the presence of all His people,  Psalm 3:8 - Salvation <i>belongs</i> to the Lord. Your blessing <i>is</i> upon Your people.

### C. The LORD Alone Is Worthy of Worship (2:8-9)

*\*What objects of worship will disappoint?*

*\*Why is the LORD alone worthy of worship?*

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**Optional Homework Assignment:** *Would you be willing to contemplate to the LORD how He has provided deliverance for you?*

- Format options: - Personal prayer
  - Make a simple list
  - Write a poem, song, narrative, novel, etc.
- Parts to include: - Factors that brought you to see your need
  - Scripture that impacted your thinking
  - Praise for what the LORD has done
- Reasons why: - He is worthy of worship
  - Your heart will be strengthened
  - Others will consider the LORD's salvation if they hear