



Foundations of Transformation – Lesson #2

The Faith-Rest Life

A. Why Faith is Necessary for Transformation

1. Because of the nature of _____
2. Because of the _____ and deception in our world
3. Because of man's inherent _____

B. Problems Working Against Faith

1. A spirit of _____
2. A spirit of _____
3. A spirit of _____

C. The Basics of Faith

Faith is the modus operandi for the Christian life. It is God's desire and plan that we learn to live by faith because faith acknowledges our weakness and rests in God and in His provision. It glorifies God.

Keathley, J. H. (2002). *ABCs For Christian Growth* (5th ed.). Biblical Studies Foundation. p. 137

1. We cannot _____ God without faith.
2. Faith requires an admission of our spiritual _____.
3. Faith requires a rejection of any _____ in ourselves.
4. Faith is _____.
5. Faith must have a valid _____.
6. Faith must _____ for us to grow.

D. A Guide to the Faith-Rest Life (Hebrews 4)

1. God's rest is _____. (v 1, 7-9)
2. God's rest is entered by _____. (v 2-3)
3. God's rest is provided by God's _____. (v 3-4)
4. God's rest is _____ by a lack of faith. (v 5-6)
5. God's rest is only entered by those who _____ from their works. (v 10)
6. Believers are _____ to live the faith-rest life. (v 11-13)

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| Cease from your works, Believe in Christ | Cease from self-sufficiency, Trust the sufficiency of God's complete work in us and for us |
| Receive eternal rest (justification) | Receive daily rest (sanctification / transformation) |

7. Believers have every reason to be _____ in Christ each day. (v 14-16)